

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

*In the Name of Allah,
the Most Gracious, the Most Merciful*

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GOLDEN SUPPLICATIONS FOR CHILDREN

Abdul Malik Mujahid



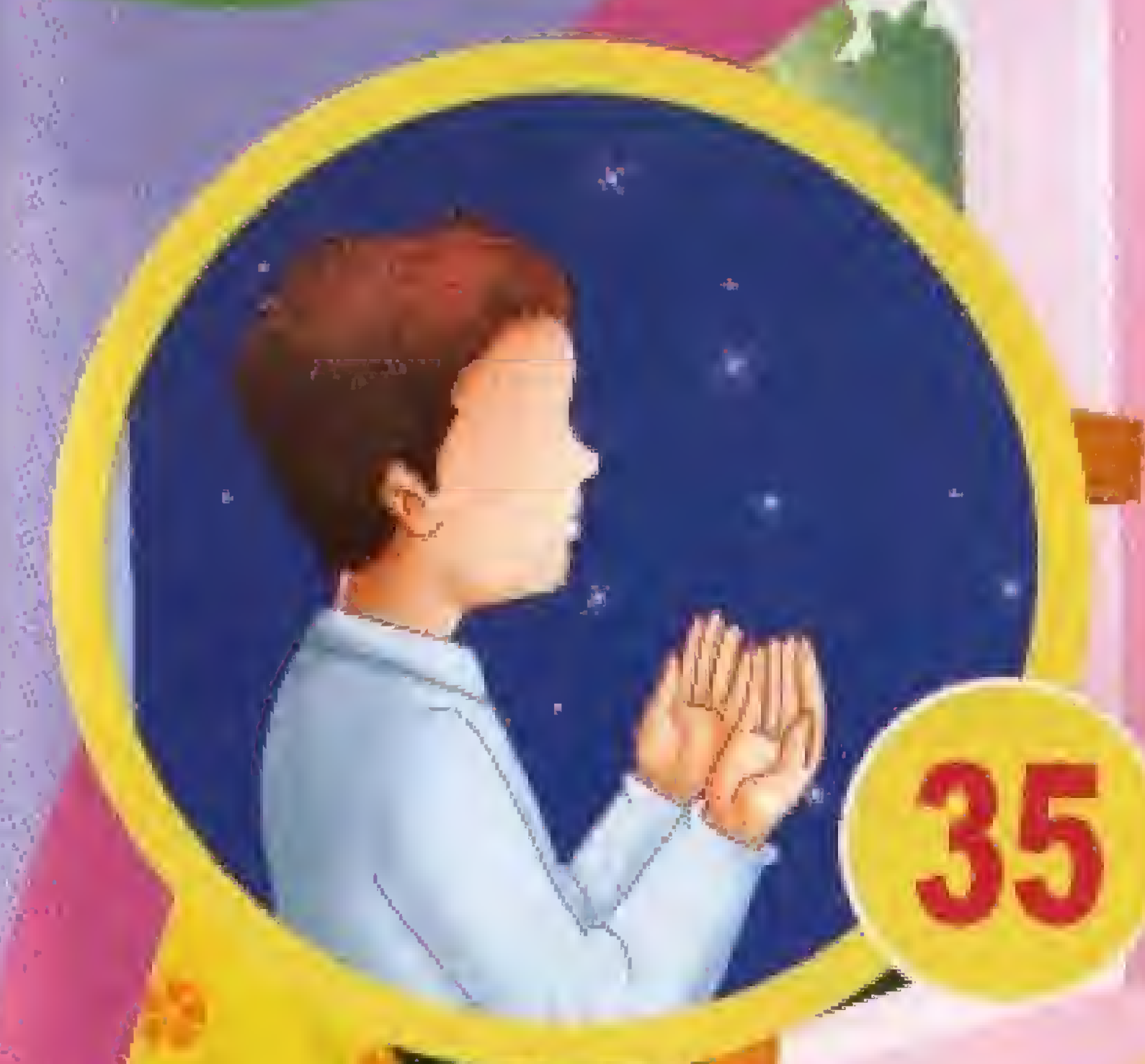
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Author/Publisher's Note

In the name of Allah, the Most Gracious, the Most Merciful.

Honourable parents, I have written this book entitled 'Golden Supplications' especially for young children. If we look at the blessed life of Prophet Muhammad (ﷺ), we will find that at every moment and on every occasion, he (ﷺ) would remember Allah, calling upon Him and asking for His Help. Allah the Almighty has ordered us to seek help from none other than Him. We should ask therefore ask from Allah repeatedly with sincerity at all times. Our Lord said: '*Wa qaala rabbukum ud'unee astajib lakum,*' (Call upon Me, I will answer your prayers). Remember that duas (supplications) are themselves great acts of worship.

Honourable readers, there is not a person in this world who is not facing some sort of difficulty or problems. Anyone can strengthen their bond with Allah simply by making supplications to Him. We can seek relief from our difficulties and problems by directly calling upon Allah without the need of any mediators between us and our Lord. Allah has blessed us with immeasurable great blessings and it is incumbent upon every human being to thank his Lord, his Creator and Master, for all of the countless blessings which we are surrounded with throughout our lives.

The Messenger of Allah (ﷺ), who is the ummah's greatest teacher, has informed us that we should remember Allah throughout the day. From the very moment we wake up in the morning until we sleep at night, we should call out to Allah seeking His help in everything we do. He (ﷺ) taught his

ummah supplications which protect a person from various afflictions they may face.

For this book, 'Golden Supplications For Children' I have chosen only the most important supplications, so that our children are able to memorize them with ease from one single book. It has been the ardent desire of the management at Darussalam for quite some time to publish this book with a beautiful design and layout, thus making it attractive and assisting in a child's learning. Furthermore, I have also added some instructions and manners related to the supplications in order to assist the readers in understanding and implementing the duas. It is important that parents also memorize these supplications themselves as it will greatly help their children in memorizing them too.

Do remember that the supplications which children study and memorize at an early age will remain with them and help them throughout their lives. The supplications which I myself learnt during my own childhood have benefited me all the way through my life to this day.

As is the case with all other publications by Darussalam, the supplications and other content of this book have *Insha Allah* been taken from authentic *ahadeeth* only. I am thankful to my dear Ukasha Mujahid and Darussalam's senior designer who worked hard on this project. We anxiously await feedback from of our beloved readers.

Serving the Quran and Sunnah,

Abdul Malik Mujahid
Darussalam, Riyadh
February 2013

Dua After Waking Up

When we wake up we should say:

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا
وَالِيَهُ النُّشُورُ

All praise be to Allah Who revived us after he has brought us death and unto Him we shall return.

(Bukhari: 6312)

Instructions:

1. Wake up with the *Fajr Adhaan*.
2. Clean your teeth with a *Miswak* or toothbrush.
3. Get ready for Prayer after *Wudu* (ablution).





Dua Before Undressing

بِسْمِ اللَّهِ

In the Name of Allah.

(At-Tirmidhi: 2/505)

Dua While Getting Dressed

الْحَمْدُ لِلَّهِ الَّذِي كَسَانِي هَذَا الثَّوْبَ
وَرَزَقْنِيهِ مِنْ غَيْرِ حَوْلٍ مِنِّي وَلَا قُوَّةٍ

Praise is to Allah Who has clothed me with this (garment) and provided it for me, though I was powerless myself and incapable.

(Abu Dawood: 4023)



Dua After The Prayer (Salah)

اللَّهُمَّ اَعِزِّيْ عَلٰى ذِكْرِكَ وَشُكْرِكَ وَحُسْنِ عِبَادَتِكَ

O Allah, help me to remember You, to give You thanks and to perform Your worship in the best manner.

(Abu Dawood: 1522)

Dua After The Fajr Prayer

اللَّهُمَّ اِنِّىْ اَسْأَلُكَ عِلْمًا نَّافِعًا
وَرِزْقًا طَيِّبًا وَعَمَلًا مُّتَقَبَّلًا

O Allah , I ask You for knowledge that is of benefit, a good provision and deeds that will be accepted.

(Ibn Majah: 925)





Dua Before Sleeping

بِاسْمِكَ اللَّهُمَّ أَمُوتُ وَأَحْيَا

In Your Name O Allah I die and I live.

(Ahmad: 5/385)

